

# Curriculum Vitae

## Jesse Lee Wilde

---

Contact: jwilde3@uwo.ca

### EDUCATION

- Sept 2017 – Present      **Doctorate of Philosophy, Clinical Psychology**  
University of Western Ontario
- Sept 2014 – July 2017      **Master of Science, Clinical Psychology**  
University of Western Ontario  
*Thesis Title: It's not me it's you: Examining the effects of partner-schema organization on relationship processes in depression.*
- Sept 2010 – June 2014      **Honours Bachelor of Science, Research Specialist in Psychology with Honours Thesis**  
University of Toronto, with High Distinction  
*Thesis Title: Seeing what they want to see: Insecurely attached individuals differ in their perceptions of and romantic interest in babyfaced adults.*
- July 2012 – Sept 2012      **Renaissance History Summer Abroad Exchange Program**  
University of Siena, Italy

### AWARDS AND HONOURS

- 2017-2018      **Ontario Graduate Scholarship [\$15,000]** OGS awards are merit-based scholarships available to students in all disciplines of graduate study.
- 2016-2017      **Ontario Graduate Scholarship [\$15,000]** OGS awards are merit-based scholarships available to students in all disciplines of graduate study.
- 2016-2017      **Western Graduate Research Scholarship [\$12,201]**
- 2015 –2016      **SSHRC Joseph-Armand Bombardier CGS Program Master's Scholarship [\$17,500]** A funding opportunity to develop research skills and assist in the training of highly qualified personnel by supporting students in the social sciences and humanities who demonstrate a high standard of achievement in undergraduate studies.
- 2015-2016      **Western Graduate Research Scholarship [\$12,600]**
- April 2015      **Ontario Graduate Scholarship [\$15,000, declined]** OGS awards are merit-based scholarships available to students in all disciplines of graduate study.
- July 2014      **Canadian Psychological Association Certificate of Academic Excellence 2014 – Honour's Thesis** This award is in the form of a certificate that each psychology department in Canada distributes each year to the best undergraduate, masters and doctoral theses.
- April 2014      **SSHRC Joseph-Armand Bombardier CGS Program Master's Scholarship [\$17,500, declined]** A funding opportunity to develop research skills and assist in the training of highly qualified personnel by supporting students in the social sciences and humanities who demonstrate a high standard of achievement in undergraduate studies.

Sept 2013	<b>Eric Jackman Scholarship for Psychology [\$700]</b> Awarded to the top student academically in the Psychology Specialist program in 3 <sup>rd</sup> year at the University of Toronto.
2011 – 2014	<b>Dean's Honour List</b> Awarded for exceptional academic achievement to students earning a CGPA of 3.5 or higher in each year.
2011 – 2012	<b>Trinity College Chancellor's Award of Academic Achievement [\$400]</b> A general proficiency award given to Trinity College's top ranked students academically.
Sept 2010	<b>University of Toronto President's Entrance Scholarship [\$4000]</b> Completed pre-requisite courses at the time of admission with an average of 92+.

## SERVICE ACTIVITIES & VOLUNTEER WORK

April 2017 – Present	<b>London Interprofessional Healthcare Students' Association –Chair</b>
Sept 2016 – April 2017	<b>London Interprofessional Healthcare Students' Association – Vice-Chair</b>
Sept 2016 – Present	<b>Advocacy Through Action – Marketing Committee</b> *Advocacy Through Action is a group of graduate students from the Clinical Psychology department at Western University, dedicated to the dissemination of knowledge on mental health topics and to advocating for improved access to evidence-based psychological services.

## PROFESSIONAL AFFILIATIONS

Mar 2017 – Present	Association for Behavioral and Cognitive Therapies – <i>Student Member</i>
Oct 2016 – Present	Canadian Psychological Association – <i>Western University Graduate Representative</i>
Sept 2016 – Present	Society for the Improvement of Psychological Sciences – <i>Student Member</i>
Apr 2016 – Present	Canadian Psychological Association – <i>Student Affiliate &amp; Member of Clinical Section</i>
Oct 2015 – Present	London Regional Psychological Association – <i>Student Member</i>

## CLINICAL EXPERIENCE

Sep 2017 – Feb 2018	<b>Clinical Psychology Intern, Intervention Practicum</b> , Student Development Centre, University of Western Ontario – Dr. Naomi Wiesenthal <ul style="list-style-type: none"> <li>• Conduct unstructured intake assessments</li> <li>• Provide individual therapy</li> </ul>
Jan 2017 – May 2017	<b>Clinical Psychology Assessment Intern, Initial Assessment Practicum</b> , Southwest Centre, SJHC London Ontario – Dr. Laura Fazakas-DeHoog <ul style="list-style-type: none"> <li>• Conduct psychological assessments</li> </ul>
Jan 2017 – May 2017	<b>Clinical Psychology Assessment Intern, Initial Assessment Practicum</b> , Vanier Children's Centre, London Ontario – Dr. Esther Goldberg & Dr. Sabrina Chiarella <ul style="list-style-type: none"> <li>• Conduct psychological assessments</li> </ul>
May 2016 – Sept 2016	<b>Clinical Psychology Intern, Initial Intervention Practicum</b> , Student Development Centre, University of Western Ontario – Dr. Susan Ruscher & Kristine Iaboni <ul style="list-style-type: none"> <li>• Conduct unstructured intake assessments</li> <li>• Provide individual therapy for clients presenting with depression and anxiety</li> </ul>

## RESEARCH EXPERIENCE

- May 2014 – June 2015     **Clinical Research Coordinator, Full-time, (Paid)** F. W. Thompson Centre for Anxiety Disorders, Psychiatry Department, Sunnybrook Health Sciences Centre – Dr. Neil Rector  
*Mood and Anxiety Treatment and Research Program*
- Assisted with a number of clinical studies involving mood and anxiety disorder patients; conducted structured diagnostic interviews (SCID-IP)
- April 2014 – June 2015     **Principal Investigator**, University of Toronto – Dr. Geoff MacDonald  
*Insecure Attachment and Perceptions of Potential Partners (Study 2)*
- April 2014 – June 2015     **Project Manager**, University of Toronto – Dr. Geoff MacDonald  
*Investigating Types of Physical Attractiveness*
- Mar 2013 – April 2014     **Principal Investigator (Honours Thesis)**, University of Toronto – Dr. Geoff MacDonald  
*Insecure Attachment and Perceptions of Potential Partners*
- Mar 2013 – Sep 2013     **Research Assistant**, University of Toronto – Dr. Geoff MacDonald  
*Avoidant Attachment and Empathic Accuracy*
- Jan 2013 – May 2013     **Mini-thesis Student Investigator**, University of Toronto – Dr. Penelope Lockwood  
*Social Comparisons in Romantic Relationships*
- July 2012 – Dec 2012     **Research Assistant**, University of Toronto – Dr. C. Peter Herman  
*Self-Image Threat and Restricted Eating*

## TEACHING EXPERIENCE

- Sept 2017     **Graduate Teaching Assistant, “The Psychology of Physical Health and Illness” Online, PSY2036B**  
*Psychology Department, University of Western Ontario*
- Sept 2016     **Graduate Teaching Assistant, “Applied Psychology”, PSY2990A**  
*Psychology Department, University of Western Ontario*
- January 2016     **Graduate Teaching Assistant, “The Psychology of Physical Health and Illness”, PSY2036B**  
*Psychology Department, University of Western Ontario*
- August 2015     **Teaching Assistant Training Program**, University of Western Ontario  
*Student Development Centre*
- Attend a three day training session to learn theories, strategies and practice of university teaching
  - Apply learned techniques by planning and preparing two lessons to teach to groups of ten students

## INTERPROFESSIONAL EXPERIENCE

- August 2015     **“Building Self-esteem in Children within Marginalized Communities” Workshop**  
*Office of Interprofessional Education, University of Western Ontario*
- Work within an interprofessional team to design a program to enhance self-esteem in marginalized youth

- August 2015     **“Travels Through the Profession” Workshop**  
*Office of Interprofessional Education, University of Western Ontario*
- Attend a half day workshop to learn about the roles, responsibilities and skills of other health care professionals
  - Collaboratively design a treatment plan for an assigned patient case study in interdisciplinary health care teams
- 2013 – 2014     **Interdisciplinary Statistics Collaboration Program, University of Toronto**  
*Departments of Statistics and Psychology, University of Toronto*
- Work on an interdisciplinary team with statistics undergraduate and PhD students
  - Teach statistics students about thesis project and background psychological literature
  - Collaborate to gain new perspectives on best possible study designs, methods, data collection and analyses

## PROFESSIONAL ACTIVITIES

Ad hoc reviewer *Europe’s Journal of Psychology* - 2017  
 Ad hoc reviewer *Cognition and Emotion* – 2015  
 Ad hoc reviewer *International Journal of Cognitive Therapy* – 2014

## GRADUATE LEVEL COURSES

Professional Foundations of Clinical Psychology  
 Clinical Skills Pre-Practicum  
 Research Design and Statistics  
 Child Psychopathology and Diagnosis  
 Adult Psychopathology and Diagnosis  
 Psychotherapy Approaches  
 Clinical Assessment

## RESEARCH CONTRIBUTIONS

### Refereed Book Chapters:

Dozois, D. J. A., **Wilde, J. L.**, & Frewen, P. A. (in press). Anxiety, Obsessive-Compulsive, and Trauma-Related Disorders. In D. J. A. Dozois (Eds.) *Abnormal Psychology*. Elsevier, NY.

Rector, N. A., **Wilde, J. L.**, & Richter, M. A. (2017). Obsessive Compulsive Disorder and Comorbidity: Rates, Models, and Treatment Approaches pp. 695-725. In J. Abramowitz, D., McKay, & E., Storch (Eds.) *Handbook of Obsessive-Compulsive Disorder Across the Lifespan*. Wiley, NY.

### Conference Symposia:

**Wilde, J. L.**, Rnic, K., Dozois, D. J. A., & Martin, R. A. (June, 2016). Early Maladaptive Schemas and Depression: The Mediating role of Interpersonal Competence. *In a Multi-Modal Examination of Interpersonal Factors in the Development and Maintenance of Depression*. Symposium presented at the 2016 meeting of the Canadian Psychological Association, Victoria, BC.

### Poster Presentations:

**Wilde, J. L.** & Dozois, D. J. A. (November, 2017). *Cognitive Vulnerability to Relational Dysfunction in Depression: The Role of Cognitive Organization of Self- and Partner-Schemata*. Poster accepted to be presented at the 2017 meeting of the Association of Behavioural and Cognitive Therapies, Hilton Conference Centre, San Diego, CA.

**Wilde, J. L.**, Gillies, J. C. P., Szota, L. K., Dozois, D. J. A. & Martin, R. A. (June, 2017). *The role of emotional intelligence and self-criticism in depressive symptoms*. Poster presented at the 2017 meeting of the Canadian Psychological Association, Fairmont Royal York Conference Centre, Toronto, ON.

Gillies, J. C. P., Szota, L. K., **Wilde, J. L.**, Dozois, D. J. A. & Martin, R. A. (June, 2017). *Examining the structure of the Young Schema Questionnaire – Short Form in a non-psychiatric undergraduate sample*. Poster presented at the 2017 meeting of the Canadian Psychological Association, Fairmont Royal York Conference Centre, Toronto, ON.

Szota, L. K., **Wilde, J. L.**, Gillies, J. C. P., Dozois, D. J. A. & Hayden, E. P. (June, 2017). *Maternal transmission of cognitive vulnerability to depression*. Poster presented at the 2017 meeting of the Canadian Psychological Association, Fairmont Royal York Conference Centre, Toronto, ON.

**Wilde, J. L.**, Dozois, D. J. A. & Martin, R. A. (June, 2016). *Early Maladaptive Schemas and Depression: The Mediating Role of Perfectionism*. Poster presented at the 2016 meeting of the Canadian Psychological Association, Victoria Conference Centre, Victoria, BC.

**Wilde, J. L.**, Maxwell, J.M., & MacDonald, G. (August, 2015). *Seeing what they want to see: Insecurely attached individuals differ in their perceptions of and romantic interest in babyfaced adults*. Poster presented at the 2015 Ontario Science Centre's SEXposium: The Science of Love and Lust Science Outreach Conference, Ontario Science Centre, Toronto, ON.

**Wilde, J. L.**, Maxwell, J.M., & MacDonald, G. (April, 2015). *Seeing what they want to see: Insecurely attached individuals differ in their perceptions of and romantic interest in babyfaced adults*. Poster presented at the 2015 meeting of the University of Toronto Research Specialization in Psychology Poster Fair, University of Toronto, Toronto, ON.

#### **Non-refereed Contributions:**

Gillies, J., & **Wilde, J.L.** (April, 2017). *An Introduction to Mindfulness: Tips and Tricks for Parents*. Invited lecture presented at Merrymount as a member of Advocacy through Action, London, ON.

Gillies, J., & **Wilde, J.L.** (February, 2017). *Mindfulness*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.

**Wilde, J. L.**, & Szota, L. (February, 2017). *Bipolar Disorder: Basics & Beyond*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.

Szota, L., & **Wilde, J. L.** (February, 2016). *Dodging Depression: Early Detection and Prevention*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.

#### **MEDIA APPEARANCES**

Mindfulness Feature – interviewed by Colin Gowdy for Fanshawe's radio station 106.9 FM The X. Aired Feb 14, 2017