

## *Curriculum Vitae*

KATERINA RNIC

The Mood Lab  
Department of Psychology, The University of Western Ontario  
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### **Contact Information**

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### **Education**

*September 2014 – Present:* Doctor of Philosophy  
Area: Clinical Psychology  
The University of Western Ontario, London, Ontario  
Supervisor: David Dozois, Ph.D., C. Psych.

*September 2012 – August 2014:* Master of Science  
Area: Clinical Psychology  
The University of Western Ontario, London, Ontario  
Supervisor: David Dozois, Ph.D., C. Psych.  
Master's Thesis: Cognitive Predictors and Behavioural Mediators of Vulnerability-Specific Stress Generation in Depressed Adults

*September 2007 – April 2011:* Bachelor of Arts Honours with Distinction  
Major: Psychology  
Queen's University, Kingston, Ontario  
Supervisor: Kate Harkness, Ph.D., C. Psych.  
Undergraduate Honours Thesis: Theory of Mind Decoding Abilities in Depressed Young Adults with a History of Childhood Maltreatment

*March 2010 – June 2010:* Undergraduate Exchange, Department of Psychology, The University of Sydney, Sydney, Australia

### **Awards and Honours**

- *January 2016* – Social Science and Humanities Research Board (SSHRC) Bridge Research Grant (co-wrote grant with Dr. David Dozois): \$25,000
- *September 2015* (will be received September 2016) – UWO Doctoral Excellence Award: \$10,000

- *September 2015*: Western Graduate Research Scholarship: \$7,998
- *August 2015* – Poster Award Winner, Division 12 Society of Clinical Psychology, APA Convention 2015, Toronto, Canada: “Behavioural, not cognitive, avoidance predicts interpersonal stress generation in depressed adults.” **Rnic, K., & Dozois D. J. A.**
- *September 2014* – Social Sciences and Humanities Research Council Vanier Canada Graduate Scholarship: \$150,000
- *September 2014* – Research Western Grant: \$10,000
- *September 2014* – Social Sciences and Humanities Research Council Canada Graduate Scholarship: \$105,000 - Declined
- *September 2014* – Ontario Graduate Scholarship: \$15,000 – Declined
- *September 2014* – Western Graduate Research Scholarship: \$1,433
- *September 2013* – Ontario Graduate Scholarship: \$15,000
- *September 2013* – Western Graduate Research Scholarship: \$1,900
- *September 2012* – Canadian Institute of Health Research Frederick Banting and Charles Best Master's Award: \$17,500
- *September 2012* – Western Graduate Research Scholarship: \$1,500
- *May 2011* - Queen’s University Medal in Psychology (Highest Academic Standing in graduating class)
- *May 2011* – Dean’s Honour List with Distinction
- *May 2010* - The University of Sydney, School of Psychology, Best Student in PSYC3011: Learning and Behaviour
- *September 2010* - Ann Adamson Scholarship in Psychology: \$1960
- *September 2009* - Kathleen Ryan International Exchange Bursary: \$500
- *September 2009* - Ann Adamson Scholarship in Psychology: \$2060
- *September 2009* - Gordon and Myrtle Adams Scholarship: \$1310

- July 2009 - Dean's Honour List with Distinction
- September 2008 - Carl Reinhardt Scholarship: \$450
- September 2008 - William Mitchell Silliman Scholarship: \$1735
- July 2008 - Dean's Honour List with Distinction
- September 2007 - Queen's University Excellence Scholarship: \$2500
- September 2007 - Vancouver Foundation Scholarship: \$500

## Publications

**Rnic, K.**, Dozois, D. J. A., & Martin, R. A. (Under review). Cognitive distortions, humor styles, and depression. *Europe's Journal of Psychology*.

Fazakas-DeHoog, L. L., **Rnic, K.**, & Dozois, D. J. A. (Under review). A cognitive distortions and deficits model of suicide ideation. *Suicide and Life-Threatening Behavior*.

**Rnic, K.**, Dozois, D. J. A., & Machado, D. A. (In revision). A meta-analytic review of stress generation in unipolar depression. *Psychological Bulletin*.

Smith, M. M., Sherry, S. B., **Rnic, K.**, Saklofske, D. H., Enns, M. W., & Gralnick, T. M. (In press). Are perfectionism dimensions vulnerability factors for depressive symptoms after controlling for neuroticism? A meta-analysis of 10 longitudinal studies. *European Journal of Personality*.

**Rnic, K.**, & Dozois, D. J. A. (In press). Basics of treatment-relevant assessments. In S. G. Hofmann & G. Asmundson (Eds.), *The science of cognitive-behavioral therapy: From theory to therapy*. Philadelphia: Elsevier/Academic Press.

**Rnic, K.**, & Dozois, D. J. A. (In press). Depression/Dysthymia. In D. H. Saklofske (Ed.), *The Wiley Encyclopedia of Personality and Individual Differences*. New Jersey: Wiley.

Washburn, D., Wilson, G., Roes, M., **Rnic, K.**, & Harkness, K. L. (2016). Theory of mind in social anxiety disorder, depression, and comorbid conditions. *Journal of Anxiety Disorders*, *37*, 71-77.

Dozois, D. J. A., & **Rnic, K.** (2015). Core beliefs and self-schematic structure in depression. *Current Opinion in Psychology*, *4*, 98-103.

- Rehman, U. S., Dozois, D. J. A., & **Rnic, K.** (2015). Classification and Diagnosis. In D. J. A. Dozois & P. Firestone (Eds.). *Abnormal Psychology: Perspectives*. Toronto, ON: Prentice Hall.
- Linden, W., MacKenzie, R., **Rnic, K.**, Marshall, C., & Vodermaier, A. (2014). Emotional adjustment over 1 year post-diagnosis in patients with cancer: Understanding and predicting adjustment trajectories. *Supportive Care in Cancer, 23*, 1-9.
- Pullmer, R., Linden, W., **Rnic, K.**, & Vodermaier, A. (2014). Measuring symptoms in gastrointestinal cancer: A systematic review of assessment instruments. *Supportive Care in Cancer, 22*, 2941-2955.
- Vodermaier, A., Linden, W., **Rnic, K.**, Ng, A., Wang, C., Ditsch, N., Olson, R. (2014). Prospective associations of depression with survival: A population-based cohort study in patients with newly diagnosed breast cancer. *Breast Cancer Research and Treatment, 143*, 373-384.
- Rnic, K.**, Linden, W., Tudor, I., Pullmer, R., & Vodermaier, A. (2013). Measuring symptoms in prostate cancer: A systematic review of assessment instruments. *Prostate Cancer and Prostatic Diseases, 16*, 111-122.
- Linden, W., & **Rnic, K.** (2013). Psycho-Oncology. In L. Grossman & S. Walfish (Eds.), *Translating Research into Practice*. Springer Publishing, NY.

## Manuals

- Developed a session on stress generation for the Depression Group manual for the Student Development Center at the University of Western Ontario. The group is CBT-oriented and is comprised of eight 2-hour sessions. This work was completed under the supervision of Naomi Wiesenthal, Ph.D., C. Psych.

## Conference Presentations

- Rnic, K.**, & Dozois, D. J. A. (Submitted). *Early maladaptive schemas and persistence of effects of social rejection*. Poster submitted to the 2016 meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Rnic, K.**, Dozois, D. J. A., & Martin, R. A. (Accepted). *Cognitive distortions, humor styles, and depression*. Poster to be presented at the 2016

meeting of the Canadian Association of Cognitive and Behavioural Therapies, Hamilton, ON.

**Rnic, K.,** Squires, S. D., & Dozois, D. J. A. (Accepted). *Cognitive Behavioral Therapy in Cancer Patients: A Meta-Analysis of Treatment Outcomes*. Talk to be presented at the 2016 meeting of the International Congress of Psychology, Yokohama, Japan.

Machado, D., Dozois, D. J. A., Shumlich, E., **Rnic, K.,** & Maiolino, N. (Accepted). *Cognitive schemas as longitudinal predictors of depressive relapse*. Talk submitted to the 2016 meeting of the International Congress of Psychology, Yokohama, Japan.

**Rnic, K.,** Hanna, J., Cunningham, S., & Dozois, D. J. A. (Accepted). Social Rejection Influences Theory of Mind Abilities in Women with Depressive Symptoms. In *A Multi-Modal Examination of Interpersonal Factors in the Development and Maintenance of Depression*. Symposium submitted for the 2016 meeting of the Canadian Psychological Association, Victoria, BC.

Wilde, J. L., **Rnic, K.,** Dozois, D. J. A., & Martin, R. A. (Accepted). Early Maladaptive Schemas and Depression: The Mediating role of Interpersonal Competence. In *A Multi-Modal Examination of Interpersonal Factors in the Development and Maintenance of Depression*. Symposium submitted for the 2016 meeting of the Canadian Psychological Association, Victoria, BC.

Maiolino, N., Kuiper, N. A., & **Rnic, K.** (Accepted). *A meta-analytic review of the efficacy of cognitive-behavioural therapy for bipolar disorder*. Poster submitted for the 2016 meeting of the Canadian Psychological Association, Victoria, BC.

Smith, M. M., Sherry, S. B., **Rnic, K.,** Saklofske, D. H., Enns, M. W., & Gralnick, T. M. (Accepted). Are perfectionism dimensions vulnerability factors for depressive symptoms after controlling for neuroticism? A meta-analysis of 10 longitudinal studies. In *Perfectionism in Personal and Interpersonal Dysfunction*. Symposium submitted for the 2016 meeting of the Canadian Psychological Association, Victoria, BC.

**Rnic, K.,** Cunningham, S., Hanna, J., & Dozois, D. J. A. (November, 2015). *Persistence of Effects of Social Rejection in Depressed Individuals*. Poster presented at the 2015 meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Rnic, K.,** Dozois, D. J. A., & Machado, D. A. (October, 2015). *A meta-analytic review of stress generation in unipolar depression*. Poster presented at the 2015 meeting of the Society for Research in Psychopathology, New Orleans, LA.
- Maheu, C., Vodermaier, A., **Rnic, K.,** Linden, W., Singh, M., & Filion, L. (October, 2015). *Return to work questionnaire for cancer survivors*. Talk presented at the 2015 meeting of Canadian Association of Nurses in Oncology, Toronto, ON.
- Rnic, K.** & Dozois, D. J. A. (August, 2015). *Behavioural, not Cognitive, Avoidance Predicts Interpersonal Stress Generation in Depressed Adults*. Poster presented at the 2015 meeting of the American Psychological Association, Toronto, ON.
- Rnic, K.** & Dozois, D. J. A. (June, 2015). Cognitive And Behavioral Predictors Of Stress Generation In Depressed Adults. In *A Multi-Modal Examination of Cognitive Vulnerability in the Development and Maintenance of Depression*. Symposium presented at the 2015 meeting of the Canadian Psychological Association, Ottawa, ON.
- Rnic, K.** & Dozois, D. J. A. (June, 2015). *Negative Urgency Predicts Interpersonal Stress Generation In Depressed Adults*. Poster presented at the 2015 meeting of the Canadian Psychological Association, Ottawa, ON.
- Rnic, K.,** Harkness, K. L., Washburn, D., & Roes, M. (July, 2014). *Theory of Mind Decoding Abilities in Depressed Young Adults with a History of Childhood Maltreatment*. Talk presented at the 2014 meeting of the International Congress of Applied Psychology, Paris, France.
- Rnic, K.,** Dozois, D. J. A., & Szota, L. (July, 2014). *Avoidance, Excessive Reassurance Seeking and Rumination Mediate the Relation between Cognitive Organization of Social Schemas and Depression*. Talk presented at the 2014 meeting of the International Congress of Applied Psychology, Paris, France.
- Rnic, K.,** & Dozois, D. J. A. (June, 2014). *The Relation of Negative Urgency and Depression*. Poster presented at the 2014 meeting of the Canadian Psychological Association, Vancouver, BC.
- Rnic, K.,** Dozois, D. J. A. & Szota, L. (June, 2014). *Avoidance and Rumination Mediate the Relation between Early Maladaptive Schemas and Depression*. Poster presented at the 2014 meeting of the Canadian Psychological Association, Vancouver, BC.

Szota, L., **Rnic, K.**, & Dozois, D. J. A. (June, 2014). *Early Maladaptive Schemas and Depression: The Mediating Role of Rumination and Reassurance Seeking*. Poster presented at the 2014 meeting of the Canadian Psychological Association, Vancouver, BC.

Vodermaier, A., Linden, W., **Rnic, K.**, Ng, A., Wang, C., Ditsch, N., & Olson, R. (June, 2013). *Prospective associations of depression with survival: Population-based cohort study in patients with newly diagnosed breast cancer*. Poster presented at the 2012 meeting of Senologie, Munich, Germany.

**Rnic, K.**, McDermott, R. Dozois, D. (June, 2013). *The Relationship Between Excessive Reassurance Seeking and Cognitive Organization*. Poster presented at the 2013 meeting of the Canadian Psychological Association, Quebec City, QC.

Pullmer, R., Linden, W., **Rnic, K.**, Vodermaier, A. (June, 2013). *Symptom Assessment in Patients with Gastrointestinal Cancers: A Systematic Review*. Poster presented at the 2013 meeting of the Canadian Psychological Association, Quebec City, QC.

Tudor, I., Linden, W., & **Rnic, K.** *Symptom Assessment in Breast Cancer Patients: A Systematic Review*. (June, 2013). Poster presented at the 2013 meeting of the Canadian Psychological Association, Quebec City, QC.

Linden, W., Vodermaier, A., Mackenzie, G., & **Rnic, K.** (April, 2012). *A comparison of four paths of emotional adjustment in cancer patients: From diagnosis to 6-month follow-up*. Talk presented at the 2012 meeting of the Canadian Association of Psychosocial Oncology, Vancouver, BC.

**Rnic, K.** (April, 2011). *Theory of Mind Decoding Abilities in Depressed Young Adults with a History of Childhood Maltreatment*. Honours thesis presentation, presented at Queen's University, Canada.

Roes, M., Washburn, D. S., **Rnic, K.**, & Harkness, K. L. (September, 2011). *Role of Theory of Mind Decoding Abilities in the Generation of Interpersonal Life Events*. Poster presented at the 2011 meeting of the Society for Research in Psychopathology, Boston, MA.

## **Journal Reviewer**

*Journal of Abnormal Psychology* – Co-reviewer with Dr. David Dozois

*Clinical Psychology: Science and Practice* – Co-reviewer with Dr. David Dozois

*Canadian Journal of Behavioural Science* – Co-reviewer with Dr. David Dozois

## **Research Experience**

*September 2011 – August 2012: Research Coordinator/Lab Manager (Full-time, Paid)*

- Employed by Dr. Wolfgang Linden
- The Behavioural Cardiology Lab, Department of Psychology, University of British Columbia

*September 2010 – April 2011: Honours Thesis – “Theory of Mind Decoding and Reasoning Abilities in Depressed Young Adults with a History of Childhood Maltreatment”*

- Supervised by Dr. Kate Harkness
- Queen’s Mood Research Lab

*January 2011 – April 2011: Directed Lab – “Attitude Alignment and Attachment Anxiety in Romantic Relationships”*

- Supervised by Dr. Tara MacDonald

*September 2010 – April 2011: Directed Lab and Volunteer Research Assistant – “Exploring Self-Esteem Maintenance Strategies in Introverts and Extroverts”*

- Supervised by Dr. Leandre Fabrigar

*September 2008 – December 2009: Volunteer Research Assistant*

- Dr. Mark Sabbaghs’ Early Experience Lab at Queen’s University

## **Teaching Experience**

- *Instructor for Abnormal Psychology (January 2016 – April 2016)*
- *Teaching Assistant for Adult Psychopathology (September 2015 – December 2015)*
- *Teaching Assistant for Child Psychopathology (September 2013 – December 2015)*
- *Teaching Assistant for Forensic Psychology (January 2014 – April 2014)*



- *Teaching Assistant for Applications of Psychology (September – December 2013)*
- *Teaching Assistant for Research Methods (September 2012 - April 2013)*
  - Teaching lab component of 2<sup>nd</sup> year undergraduate level course

## **Guest Lectures**

- *“Introduction to Child Psychopathology”* – Presented to Child Psychopathology Course at the University of Western Ontario – King’s College (January, 2015)
- *“Biological and Environmental Contexts”* – Presented to Child Psychopathology Course at the University of Western Ontario – King’s College (September, 2014)

## **Supervision Experience**

- *Clinical Co-supervisor, the Student Development Center at the University of Western Ontario (May 2015 – August 2015)*
  - Co-supervising a MSc I clinical student with whom I co-facilitated the Stress and Anxiety Management Group
- *Honours Thesis Research Advisor, The University of Western Ontario (2014-2015)*
  - Project title: Rumination Mediates the Relationship Between Anxious Attachment and Immediate Response to Ostracism
- *Honours Thesis Research Advisor, The University of Western Ontario (2014-2015)*
  - Project title: Ostracism Increases Positive-Valence Theory of Mind Decoding Accuracy
- *Honours Thesis Research Advisor, The University of Western Ontario (2013-2014)*
  - Project title: Cognitive and Interpersonal Vulnerabilities to Depression

## **Invited Talks and Workshops**

- Rnic, K.** (April, 2016). *Assertiveness Skills for Healthy Relationships*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.
- Rnic, K.** (March, 2016). *Assertiveness Skills for Healthy Relationships*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.
- Rnic, K.** (February, 2016). *Assertiveness Skills for Healthy Relationships*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.
- Rnic, K.** (November, 2015). *Effects of Bullying on Mental Health*. Talk presented to students at Sir Frederick Banting Secondary School, London, ON.
- Rnic, K.** (March, 2015). *Self-Assertion*. Public lecture presented at The University of Western Ontario as part of the Laura Evans Lecture Series, London, ON.
- Rnic, K.** (February, 2015). *Core Beliefs: The Filters Through Which We Experience the World*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.
- Rnic, K.** (October, 2014). *Self-Assertion*. Public lecture presented at The University of Western Ontario as part of the Laura Evans Lecture Series, London, ON.
- Rnic, K.** (February, 2014). *Emotion Regulation: Keeping Emotions in Check*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.
- Rnic, K.** (March, 2014). *Emotion Regulation: Keeping Emotions in Check*. Lecture presented at London Life Insurance Company, London, ON.
- Rnic, K., Maiolino, N., and Otchet, F.** (May-June 2013). *What can I do when people come to me for help?* Workshops presented at Western University for undergraduate orientation leaders, London, ON.
- Rnic, K.** (February, 2013). *Emotion Regulation: Keeping Emotions in Check*. Community lecture presented at the London Public Library as a member of Advocacy through Action, London, ON.

## **Clinical Experience**

*March 2016 – Present: Intervention/Assessment Practicum*

- Under the supervision of David LeMarquand, Ph.D., C. Psych at the Concurrent Disorders Services at the Parkwood Institute, St. Joseph's Regional Mental Health Care London.

*September 2015 – Present: Therapist (Part-time, Paid)*

- Under the supervision of Naomi Wiesenthal, Ph.D., C. Psych at the Student Development Center at the University of Western Ontario.

*July 2015 – Present: Intervention Practicum*

- Under the supervision of David Dozois, Ph.D., C. Psych (Private Practice).

*September 2015 – February 2016: Intervention/Assessment Practicum*

- Under the supervision of Kerry Collins, Ph.D., C. Psych at the Child and Adolescent Mental Health Care Program, London Health Sciences Centre.

*April 2015 – August 2015: Assessment Practicum*

- Under the supervision of Mustaq Khan, Ph.D., C. Psych at Regional Mental Health Care London.

*September 2014 – August 2015: Intervention Practicum*

- Under the supervision of Naomi Wiesenthal, Ph.D., C. Psych at the Student Development Center at the University of Western Ontario.

*June 2014 – August 2014: Initial Assessment Practicum*

- Under the supervision of Laura Fazakas-DeHoog, Ph.D., C. Psych at the Southwest Centre for Forensic Mental Health.

*June 2014 – August 2014: Initial Assessment Practicum*

- Under the supervision of Carla Smith, Ph.D., C. Psych at the Madame Vanier Children's Services.

*May 2013 – August 2013: Initial Intervention Practicum*

- Under the supervision of Dana Ménard and Beverley Ulak, Ph.D., C. Psych at the Student Development Center at Western University.

*January 2013 – August 2013: Community Mental Health Practicum*

- Under the supervision of Felicia Otchet, Ph.D., C. Psych. at the Waitlist Clinic at the Canadian Mental Health Association, London, ON.

## **Graduate Level Courses**

Professional Foundations of Clinical Psychology  
Clinical Skills Pre-Practicum  
Research Design and Statistics  
Assessment  
Advanced Topic in Neuroscience – Neuroimaging of Cognition  
History of Psychology  
Child Psychopathology and Diagnosis  
Adult Psychopathology and Diagnosis  
Psychotherapy Approaches  
Cognitive Behavioral Therapy  
Structural Equation Modeling  
Clinical Cultural Issues  
Program Evaluation

## **Service Activities and Volunteer Work**

*September 2015 – Present:* Chair of the Advocacy Committee for Advocacy Through Action (an organization that holds a series of talks relevant to psychology for the community)

*September 2014 – Present:* Member of the UWO Psychology Department Colloquium Committee

*September 2013 – Present:* Executive Secretary for London Regional Psychological Association (LRPA)

*September 2013 – August 2015:* Co-president of Advocacy Through Action

*September 2012 – February 2013:* Member of the Marketing Committee for Advocacy Through Action

## **Professional Affiliations**

- American Psychological Association (APA; student member)
- Division 12 Society of Clinical Psychology (SCP; student member)

- Canadian Psychological Association (CPA; student member)
- Society for Research in Psychopathology (SRP; student member)
- Association for Cognitive and Behavioral Therapies (ABCT; student member)
- London Regional Psychological Association (LRPA; student member)